

Fundamentals of Psychology

Alternative Assessment

You have been divided into groups, and each group has had a patient assigned to it. Your job is to read the **character bio** of your patient, and then use the information provided to complete these tasks:

1. Identify **5** key events in the individual's life that your group feels will have had some of the biggest impact psychologically on him or her. You will need to provide a clear rationale (justification) for each of your choices. The more you can refer to information that we've covered throughout the course, the better. This information **must** be presented in some kind of graphic format (e.g. a mind map/chart etc.)
2. Each individual will have either a phobia or a severe aversion/fear of something. You will need to develop a **systematic desensitisation schedule** (with a ranking scale for the severity of the anxiety) and be able to explain your reasoning. You may also choose to discuss whether flooding is a suitable treatment for the problem or not. Bonus marks will be awarded to groups who are able to dramatise/video a 'therapy session' demonstrating how your technique would work in therapy. **Important:** You should prepare for unforeseen events, such as if the patient has a panic attack during the session.
3. Write up a basic **personality profile** for your patient, including what you feel is their **dominant hemisphere** and what implications this has for them as people. Again, you need to be able to justify your answers.
4. Write up a **recommendation for a brain scan** of some sort. Each patient will have something which either explicitly or subtly refers to the possibility of some kind of neurological problem, and you will have to recommend which kind of scan they would need **as well as what you might expect to see** (e.g. disturbance in the temporal lobe).
5. Finally, you need to indicate **key relationships** and discuss how these are affecting the patient. Look at all the information you have collectively and use it to come up with possible techniques/strategies for helping any relationships which may need assistance, and for how to build or strengthen relationships which are helpful.
6. All this information needs to be presented in **TWO** ways:
 - a) A complete document that contains each of the above tasks. The document needs to look as though it was completed by one person - so pay close attention to fonts, page formats, colours, logos (if you use them) etc. Careful attention should be paid to the way in which findings are expressed, because you need to imagine the patient reading the document. You should also include records of meetings and discussions your group has had as a separate document at the end.
 - b) As a group, you will also present all your findings. Again, this presentation must have a degree of uniformity to it (only one presentation, not lots of separate ones, all slides using the same themes, fonts, colours etc.). Each member should have a clear and demonstrable contribution to the presentation. Bonuses for groups having a dress code or uniform. This is meant to be professional, so look the part!
7. Finally, you will complete a **peer evaluation** form. This form will be used to gauge how much each member of your group contributed to the project, and will set the threshold for their final result for it.